



2020

Study Guide with Media Training



EMPOWER WOMEN
MEDIA



*A partnership
between
Empower
Women Media
&
Mission ONE*

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Media Training component
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Complete media project by 28 February 2021

mission1.org/rhts



Study Guide

WEEK 1

WE ARE CREATED FOR HONOR

Begin homework 27 October in preparation for webinar on 3 November

LINK TO SEE VIDEOS: mission1.org/rhts/week-1/

Watch video 1A: “Stories of *Less-Than*, Stories of Shame”

Write one key idea you want to remember from this video:

Questions about video 1A:

1. What are the common stories about women told in your culture?
2. What stories in your religious tradition shaped the values of men toward women and girls?
3. How do people in your culture or community influence children’s perspectives of females?

Watch video 1B: “God Creates Male and Female with Regal Responsibility”

Write one key idea you want to remember from this video:

Questions about video 1B:

1. According to the video, what does it mean to be created in the image of God?
2. What is the relationship between male and female in Genesis 1–2?
3. How would you summarize the message in Genesis 1–2 in terms of honor and shame? In other words, where is honor conveyed? What does the passage say about shame?

Watch video 1C: “Humanity’s Descent into Shame”

Write one key idea you want to remember from this video:

Questions about video 1c:

1. According to the video, how does the serpent use the concept of honor to tempt the first couple?
2. How does the couple respond to God that indicates they experience shame?
3. How can you explain sin using the language of honor and shame?
4. Why might Genesis 1–3 be an example of an honor–shame “reversal”?

Watch the four-minute counseling video by Shirin Bahrami:
“Shame, Guilt, and Honour”

What is one valuable truth or idea you gained from the video?

Going Deeper (optional)

- Find a close friend and discuss ways that woman experience shame. What are common responses to shame?
- How do people typically use the Bible either to honor women or minimize the importance of women?
- How do people misinterpret Genesis 1–3? What do they overlook? How does it affect people’s perceptions of men and women?

Media Training HOMEWORK

WEEK 1

IDENTIFYING YOUR STRATEGY



Homework following webinar on 3 November

REFLECTION ACTIVITY	<ul style="list-style-type: none">• Identify your primary audience. Who do you want to reach?• Clarify your media goal and determine the medium you want to use with the intended audience. What media project do you want to produce?
HOMEWORK	<ul style="list-style-type: none">• Make a social media post: Use #HonoringWomenAndGirls• Write out a brief description of your media project (1-2 sentences). <p>Look over your notes from the workshop and answer the following questions for your project.</p> <ul style="list-style-type: none">• Who is your audience?• What do you want them to do?• Where is your audience when they receive your media message?• What do you hope to accomplish with this project?• What medium is best to reach your audience?



Study Guide

WEEK 2

CHRIST SUBVERTS OUR SHAME

Homework in preparation for webinar on 10 November

LINK TO SEE VIDEOS: mission1.org/rhts/week-2/

Watch video 2A: “The Bible has an Honor-to-Shame-to-Honor Storyline”

Write one key idea you want to remember from this video:

Questions about video 2a:

1. In your own words, what is an “honor-shame reversal”?
2. Summarize two examples from the Old Testament where people experienced an “honor-shame reversal.”
3. Looking ahead, how might you predict to see an “honor-shame reversal” in the life of Jesus?

Watch video 2B “Jesus Subverts Traditional Honor-Shame Values Relating to Women”

Write one key idea you want to remember from this video:

Questions about video 2b:

1. How does Jesus show honor to the women in his life?
2. Summarize 2 examples where Jesus takes away a woman’s social shame or reproach?

Watch video 2C: “Living in the Story of a Shame-Conquering Messiah”

Write one key idea you want to remember from this video:

Questions about video 2c:

1. According to the video, what gender values marked the ancient world?
2. Many people think the Samaritan woman was a sinner with a scandalous past. However, the video explains that she might have had several husbands for several reasons that are not due to sin. Explain how she might be a victim of sin, not merely an agent of sin.
3. How does Jesus honor the Samaritan woman? (The video mentions at least four ways.)

Watch the four-minute counseling video by Shirin Bahrami:

“Transformation and Empowerment through Process”

What is one valuable truth or idea you gained from the video?

Going Deeper (optional)

- Find a close friend and discuss a story from Week 2 that most intrigues you or touches your heart. Explain why.
- Memorize the six observations about Jesus’s relationship to women from the second video.
- How might men and women show honor to one another in ways that might cause public confusion or the perception of scandal?

Media Training HOMEWORK

WEEK 2

THE POWER OF STORY



Homework following webinar on 10 November

REFLECTION ACTIVITY	<ul style="list-style-type: none">• Take a moment to reflect on your personal story.• Consider the genre, theme, characters and conflict you may want to share.• Brainstorm ideas for your story structure.
HOMEWORK	<ul style="list-style-type: none">• Focusing on Honor and Shame Dynamics in your community, write out your story in 150-250 words (with a beginning, middle and end). Share the “need” to restore honor to its right place in the lives of women. Plan to share the story in a social media post, short film or podcast in the future.• If you don’t feel comfortable writing your own story or script, think of someone with strong writing skills you can invite to write it. Share your notes and ideas, and ask them to write the script for your media project. Remember, this is a team effort. As a media producer, your role is to develop a vision and find the talent to fulfill your calling.• We’ll be reviewing your social media posts this week. Make sure to use the hashtag so we can see them. #HonoringWomenAndGirls



Study Guide

WEEK 3

JESUS WAS HONORED THROUGH SHAME

Homework in preparation for webinar on 17 November

LINK TO SEE VIDEOS: mission1.org/rhts/week-3/

Watch video 3A: “Jesus Suffers Shame”

Write one key idea you want to remember from this video:

Questions about video 3a:

1. Among what people or community are you most likely to experience shame? Why?
2. Why did the ancient Romans use crucifixion on people like Jesus?
3. Is Jesus a person about whom we should be ashamed? Why or why not?

Watch video 3B: “God Vindicates the Shamed”

Write one key idea you want to remember from this video:

Questions about video 3b:

1. Did God the Father vindicate Christ? Explain.
2. How do the Gospel writers ironically present Christ’s death as worthy of honor?
3. How does the resurrection relate to the topic of shame?
4. How does hope relate to shame—and especially our response to shame?

Watch video 3C: “Jesus Bears Our Shame”

Write one key idea you want to remember from this video:

Questions about video 3c:

1. What does it mean to say that Christ bears our shame?
2. How can people of low social status live a life of honor?
3. Does following Christ mean a person will endure more or less shame? Explain.
4. How can we bear another person’s burdens?

Watch the four-minute counseling video by Shirin Bahrami:
“Identity and Belonging”

What is one valuable truth or idea you gained from the video?

Going Deeper (optional)

- Find a close friend and discuss something that tends to cause you to feel shame. Share how do you normally respond to shame.
- Discuss with another person some of the most common ways that your community uses shame as a tool for control.
- Read Luke 22–23. Compare the difference responses to Jesus. How does Jesus experience shame? In what ways does the text subtly give honor to Jesus?

Media Training HOMEWORK

WEEK 3

LAYING THE FOUNDATION FOR YOUR PROJECT



Homework following webinar on 17 November

REFLECTION ACTIVITY	Identify the key elements of your project. Begin to find resources and fill roles necessary for your media project.
HOMEWORK	<ol style="list-style-type: none">1. Identify 3 potential funding sources for your media project.2. Write out a list of staff needed on the team to complete your project: script writers, videographers, lighting, sound, graphic designer, actors, catering, wardrobe, make up.3. Create a timeline for your project (include pre and post production).4. Create a budget and potential donor list.5. Create a waiver to ensure your rights to the media project. <p>Post to social media: #HonoringWomenAndGirls</p> <p>Complete your Progress Report and email to: shirintaber@gmail.com</p>



Study Guide

WEEK 4



WE ARE NOT ASHAMED

Homework in preparation for webinar on 24 November

LINK TO SEE VIDEOS: mission1.org/rhts/week-4/

Watch video 4A: “Making Assumptions About Honor and Shame”

Write one key idea you want to remember from this video:

Questions about video 4a:

1. In what ways have you tended to compete for honor or social status? Why?
2. Explain this phrase from the video: “We undermine power not by defending our honor but by redefining it.”
3. How might you and your community “redefine” honor rather than defend it?

Watch video 4B: “Our Source of Honor and Shame”

Write one key idea you want to remember from this video:

Questions about video 4b:

1. According to the video, what else do people need besides forgiveness? Why?
2. Why does Paul say he is “not ashamed of the gospel” in Romans 1:16?
3. How are honor and shame connected to our community and sense of belonging?
4. Jesus prays to God the Father, “The glory that you have given me I have given to them” (John 17:22). Why is this significant for us?

Watch video 4C: “Our Response to Honor and Shame”

Write one key idea you want to remember from this video:

Questions about video 4c:

1. How have you often tried to prove that you are “enough”?
2. According to the video, showing courage requires _____.
Explain why.
3. How might confessing sin be used as a tool to combat shame?
4. What do we need to become more shame resilient?

Watch the four-minute counseling video by Shirin Bahrami:
“Shame Resilience Theory”

What is one valuable truth or idea you gained from the video?

Going Deeper (optional)

- Find a friend and discuss the overarching story that you have heard or believed about your life. What is the story that has given your life meaning and expressed your values? Perhaps you can use Brené Brown’s “web of shame” to help you think through your story.
- Ask others how they have challenged feelings of shame. Which ways are healthy? What ways are unhealthy?
- Read Philippians 3. How does Paul help us to rethink our perspective concerning honor and shame?

Media Training HOMEWORK

WEEK 4

CREATING YOUR PROJECT



Homework following webinar on 24 November

REFLECTION ACTIVITY	<ul style="list-style-type: none">• Begin to brainstorm ideas to launch your project.• Create a calendar and action items.• Review the key steps to finalizing your project.
HOMEWORK	<ul style="list-style-type: none">• Budget: How much do you want to spend to produce your media project and make it accessible? Include a budget for marketing and promotion.• Are you having a change of mind, thinking of your resources? Make a list of what you have and don't have. What things are you sure of and what things are you unsure of? <p>Make sure to post to social media this week: #HonoringWomenAndGirls</p>



Study Guide

WEEK 5

TRANSFORMING HONOR AND SHAME

Homework in preparation for webinar on 1 December

LINK TO SEE VIDEOS: mission1.org/rhts/week-5/

Watch video 5A: “How Honor and Shame Transform Cultures”

Write one key idea you want to remember from this video:

Questions about video 5a:

1. According to the video, what is a “moral revolution”? In what specific ways might your community need a moral revolution?
2. What strategy have people used to bring about moral revolutions? Why did it work?
3. Are there healthy ways of using shame? Explain.
4. Explain this comment from the video: “Honor and shame can motivate long-lasting change in ways that making laws might not.” Agree or disagree? Why?

Watch video 5B: “Stories that Honor and Shame”

Write one key idea you want to remember from this video:

Questions about video 5b:

1. How did Jesus use stories to subvert common ideas about status and identity?
2. How do the Gospel writers present women in Jesus’ life?
3. Review the parable about the successful businessman used in the video. How might it be used to challenge common ways of thinking by people around you?

Watch video 5C: “Challenging the Honor of Authorities”

Write one key idea you want to remember from this video:

Questions about video 5c:

1. How might we undermine the negative expectations that others (especially people with higher social status) have of us?
2. In what ways have you needlessly offended someone or not showed them respect?
3. What are effective ways that you have seen people challenge authorities or social norms?
4. How might women in your community unite to challenge injustice in ways that are honorable?

Watch the four-minute counseling video by Shirin Bahrami:

“Being a Source of Honor ”

What is one valuable truth or idea you gained from the video?

Going Deeper (optional)

1. With a group of friends, discuss the following questions: What are a few moral behavior that are widespread and need to be changed? For each problem you list, ask the following questions:
 - Who are the key people involved?
 - What are the motivations that cause the behavior to continue?
 - What are some of the assumptions and values that need to be challenged?
 - In what ways might we help people to see that the shame that comes with the behavior is greater than the perceived “honor”? Similarly, how might we help people to see that changing behavior will bring people more honor, not less.
2. Share with a friend an example where you changed for the better because you had a healthy desire for honor or experienced a healthy sense of shame.
3. Begin asking questions that help you to understand some of the hidden dynamics that could influence a parable or story that you create. For example,
 - Who has honored in the community? Why? In your community, how do people gain and lose respect or a reputation?
 - How do people respond to a loss of status?
 - How do people treat others with different social status?
 - What values or behaviors distinguish insiders from outsiders?
 - Who are formal and informal authorities and people of influence around you?
 - What are the underlying values that determine the behavior and decisions of those authorities?
4. Read 1 Peter 3. How does Peter equip us to subvert common perspectives about honor and shame for the sake of doing what is good in God’s eyes?

Media Training HOMEWORK

WEEK 5

GETTING YOUR PROJECT TO YOUR AUDIENCE



Homework following webinar on 1 December

REFLECTION ACTIVITY	<ul style="list-style-type: none">• Identify key distribution channels.• Name 3 organizations to contact.• Outline a marketing strategy.
HOMEWORK	<ul style="list-style-type: none">• Finalize your media project script or outline.• Plan for your project to be completed within 3 months.• Share your goals with a mentor or colleague to hold you accountable.• Complete your Progress Report and email to: shirintaber@gmail.com <p>CELEBRATE! Share your graduation post to social media: #HonoringWomenAndGirls</p>